Instructions for Authors

Chinese Medical Journal (CMJ) is published semimonthly in English by the Chinese Medical Association, and is a peer reviewed general medical journal for all physicians, doctors, medical researchers, and health workers. The journal reports the advances and progress in current medical sciences and technology. It also serves the objective of international academic exchange.

ABOUT THE JOURNAL

CMJ is an official journal of Chinese Medical Association (CMA). Established in 1887, *CMJ* is the oldest medical periodical in China and is an international, peer-reviewed, open-access publication. *CMJ* is available both in print and online. *CMJ* published semimonthly in English by the CMA, and is a peer reviewed general medical journal for all physicians, doctors, medical researchers, and health workers. The journal allows free access (Open Access) to its contents and permits authors to self-archive final accepted version of the articles on any OAI-compliant institutional/subject-based repository. The most recent (2017) SCI Impact Factor of *Chinese Medical Journal* is 1.596.

SCOPE OF THE JOURNAL

The journal will cover clinical and basic studies in field of all medicine, especially general medicine. Articles with clinical interest and implications will be given preference.

THE EDITORIAL PROCESS

A manuscript will be reviewed for possible publication with the understanding that it is being submitted to *CMJ* alone at that point in time and has not been published anywhere, simultaneously submitted, or already accepted for publication elsewhere. The journal expects that authors would authorize one of them to correspond with *CMJ* for all matters related to the manuscript. On submission, editors review all submitted manuscripts initially for suitability for formal review. Manuscripts with insufficient originality, serious scientific or technical flaws, or lack of a significant message are rejected before proceeding for formal peer-review. Manuscripts that are unlikely to be of interest to the *CMJ* readers are also liable to be rejected at this stage itself.

Manuscripts that are found suitable for publication in CMJ are sent to two or more expert

reviewers. The journal follows a double-blind review process, wherein the reviewers and authors are unaware of each other's identity. Every manuscript is also assigned to a member of the editorial team, who based on the comments from the reviewers takes a final decision on the manuscript. The comments and suggestions (acceptance/rejection/amendments in manuscript) received from reviewers are conveyed to the corresponding author. If required, the author is requested to provide a point by point response to reviewers' comments and submit a revised version of the manuscript. This process is repeated till reviewers and editors are satisfied with the manuscript.

Manuscripts accepted for publication are copy edited for grammar, punctuation, print style, and format. Page proofs are sent to the corresponding author. The corresponding author is expected to return the corrected proofs within seven days. It may not be possible to incorporate corrections received after that period. The whole process of submission of the manuscript to final decision and sending and receiving proofs is completed online. To achieve faster and greater dissemination of knowledge and information, the journal publishes articles online as "Ahead of Print" soon after acceptance.

CLINICAL TRIAL REGISTRY

CMJ requires registration of clinical trials. CMJ would consider publishing clinical trials that have been registered with a clinical trial registry that allows free online access to public. Registration in the following trial registers is acceptable: http://www.chictr.org.cn/; http://www.ctri.in/; http://www.clinicaltrials.gov/; http:// www.isrctn.org/; http://www.trialregister.nl/trialreg/index.asp; and http://www.umin.ac.jp/ctr and any registry that is a primary register of the WHO International Clinical Trials Registry Platform (ICTRP; www.who.int/ictrp/network/primary/en/index.html).

DATA SHARING

We encourage authors to include a data sharing statement at the end of every research manuscript when submitting their article, in order to follow the requirement of International Committee of Medical Journal Editors (ICMJE) about data sharing for clinical trials.

Data sharing statements must indicate the following: whether individual deidentified participant data (including data dictionaries) will be shared; what data in particular will be shared; whether additional, related documents will be available (study protocol, statistical analysis plan, etc.); when the data will become available and for how long; by what access criteria data will be shared (including with whom, for what types of analyses, and by what mechanism).

If no such further data are available, please use this wording: "Data sharing: no additional data available."

More information:

- The DataCite organization (https://www.datacite.org/) has a growing list of repositories for research data.
- http://www.icmje.org/news-and-editorials/data_sharing_june_2017.pdf

AUTHORSHIP CRITERIA

As stated in the ICMJE Recommendations, credit for authorship requires:

- Substantial contributions to the conception and design, or the acquisition, analysis, or interpretation of the data;
- The drafting of the article or critical revision for important intellectual content;
- Final approval of the version to be published;
- Agreement to be accountable for all aspects of the work in ensuring that questions
 related to the accuracy or integrity of any part of the article are appropriately
 investigated and resolved.

Authorship credit should be based only on substantial contributions to each of the four components mentioned above.

Participation solely in the acquisition of funding or the collection of data does not justify authorship. General supervision of the research group is not sufficient for authorship. Each contributor should have participated sufficiently in the work to take public responsibility for appropriate portions of the content of the manuscript. The order of naming the contributors should be based on the relative contribution of the contributor towards the study and writing the manuscript. Once submitted the order cannot be changed without written consent of all the contributors. Manuscripts must be submitted by one of the authors of the manuscript, and

should not be submitted by anyone on their behalf. The corresponding author takes responsibility for the article during submission and peer review.

Changes in authorship

Authors should determine the order of authorship among themselves and should settle any disagreements before submitting their manuscript. Changes in authorship (i.e., order, addition, and deletion of authors) should be discussed and approved by all authors. Any requests for such changes in authorship after initial manuscript submission and before publication should be explained in writing to the editor in a letter or email from all authors and should send the original signed written consent of all authors with authorized unit stamp.

CONTRIBUTION DETAILS

Contributors should provide a description of contributions made by each of them towards the manuscript. Description should be divided into following categories, as applicable: concept, design, definition of intellectual content, literature search, clinical studies, experimental studies, data acquisition, data analysis, statistical analysis, manuscript preparation, manuscript editing, and manuscript review. One author should take responsibility for the integrity of the work as a whole from inception to published article and should be designated as "corresponding author".

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All authors must disclose any and all conflicts of interest, they may have with publication of the manuscript or an institution or product that is mentioned in the manuscript and/or is important to the outcome of the study presented. Authors should also disclose conflicts of interest with products that compete with those mentioned in their manuscript. A conflict of interest may exist when an author (or the author's institution or employer) has financial or personal relationships or affiliations that could influence (or bias) the author's decisions, work, or manuscript. Note: This form will be requested after a manuscript has been submitted, but

authors should also include conflict of interest disclosures in the Acknowledgment section of the submitted manuscript.

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CMJ should consider retracting a publication if:

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- The findings have previously been published elsewhere without proper crossreferencing, permission or justification (i.e., cases of redundant publication).
- It constitutes plagiarism.
- It reports unethical research.

CMJ abides by COPE Retraction Guidelines (http://publicationethics.org/files/retraction%20guidelines_0.pdf).

SUBMISSION OF MANUSCRIPTS

All manuscripts must be submitted online through the website: www.editorialmanager.com/cmj. First-time users will have to register at this site. Registration is free but mandatory. Registered authors can keep track of their articles after logging into the site using their username and password. Authors do not have to pay for submission of articles. If you experience any problems, please contact the editorial office by E-mail: cmj@cma.org.cn.

The submitted manuscripts that are not as per the "Instructions for Authors" would be returned to the authors for technical correction before they undergo editorial/ peer- review. Generally, the manuscript should be submitted in the form of several separate files (the website has a limit of 100 MB per uploaded file):

Title page/First page file/Cover letter:

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- Registration number in case of a clinical trial and where it is registered (name of the registry and its URL).
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9. The name, address, E-mail, and telephone number of the corresponding author, who is responsible for communicating with the other authors about revisions and final approval of the proofs, if that information is not included on the manuscript itself.

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The main text of the article, beginning from Abstract till References (including tables) should be in this file. The file must not contain any mention of the authors' names or initials or the institution at which the study was done or acknowledgments. Page headers/running title can include the title but not the authors' names. Manuscripts not in compliance with the Journal's blinding policy will be returned to the corresponding author. Use rtf/doc files. Do not zip the files. Do not incorporate images in the file. If file size is large, graphs can be submitted as images separately without incorporating them in the article file to reduce the size of the file. The pages should be numbered consecutively, beginning with the first page of the blinded article file.

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Submit good quality color images. Size of the image can be reduced by decreasing the actual height and width of the images (keep up to 1600×1200 pixels or 5-6 inches). Images can be submitted as JPEG files and should be supplied at an effective resolution of 300 pixels per inch (PPI). Do not zip the files. Legends for the figures/images should be included at the end of the article file.

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PREPARATION OF MANUSCRIPTS

Manuscripts must be prepared in accordance with "ICMJE Recommendations". The uniform requirements and specific requirement of *CMJ* are summarized below. Before submitting a manuscript, contributors are requested to check for the latest instructions available. Instructions are also available from the website of the journal (www.cmj.org) and from the manuscript submission site: www.editorialmanager.com/cmj.

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TYPES OF MANUSCRIPTS

Editorial

Editorials are usually commissioned, however, unsolicited editorials are also welcome. We are keen to consider editorials or ideas for editorials from authors outside China. Editorials can be up to 2000 words length with no more than 25 references.

Original articles

These include randomized controlled trials, basic medical studies, studies of screening and diagnostic test, outcome studies, cost effectiveness analyses, case-control series, and in vitro study.

The text of original articles amounting to about 5000 words (excluding abstract, references and tables) should be divided into sections with the headings Abstract, Key-words, Introduction, Methods, Results, Discussion, References, Tables and Figure legends.

Abstract

The abstract of original articles in *CMJ* is a structured abstract, which includes the following four parts: Background, methods, results, and conclusions. The total number of words in abstract is no more than 300 words.

Introduction

State the purpose and summarize the rationale for the study or observation.

Methods

It should include and describe the following aspects:

Ethics

When reporting studies on human beings, author should indicate whether the procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional or regional) and with the *Helsinki Declaration* of 1975, as revised in 2000 (available at http://www.wma.net/e/policy/17-c_e.html). For prospective studies involving human participants, authors are expected to mention about approval of regional/national/institutional or independent ethics committee or review board, obtaining informed consent from adult research participants and obtaining assent for children aged over 7 years participating in the trial. The age beyond which assent would be required could vary as per regional and/or national guidelines. Ensure confidentiality of subjects by desisting from mentioning participants' names, initials or hospital numbers, especially in illustrative material. When reporting experiments on animals, indicate whether the institution's or a national research council's guide for, or any national law on the care and use of laboratory animals was followed.

Evidence for approval by a local ethics committee (for both human as well as animal studies) must be supplied by the authors on demand. Animal experimental procedures should be as humane as possible and the details of anesthetics and analgesics used should be clearly stated. The ethical standards of experiments must be in accordance with the guidelines provided by

the CPCSEA and World Medical Association *Declaration of Helsinki* on Ethical Principles for Medical Research Involving Humans for studies involving experimental animals and human beings, respectively. The journal will not consider any paper which is ethically unacceptable. A statement on ethics committee permission and ethical practices must be included in all research articles under the "Methods" section.

Study design

Selection and description of participants

Describe your selection of the observational or experimental participants (patients or laboratory animals, including controls) clearly, including eligibility and exclusion criteria and a description of the source population.

Technical information

Identify the methods, apparatus (give the manufacturer's name and address in parentheses), and procedures in sufficient detail to allow other workers to reproduce the results.

Give references to established methods, including statistical methods (see below); provide references and brief descriptions for methods that have been published but are not well known; describe new or substantially modified methods, give reasons for using them, and evaluate their limitations. Identify precisely all drugs and chemicals used, including generic name(s), dose(s), and route(s) of administration.

Reports of randomized clinical trials should present information on all major study elements, including the protocol, assignment of interventions (methods of randomization, concealment of allocation to treatment groups), and the method of masking (blinding), based on the CONSORT Statement (http://www.consort-statement.org).

Reporting Guidelines for Specific Study Designs

Initiative	Type of Study	Source
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CONSORT	Randomized controlled trials	http://www.consort-statement.org
STARD	Studies of diagnostic accuracy	http://www.consort-statement.org/stardstatement.htm
QUOROM	Systematic reviews and meta-analyses	http://www.consort- statement.org/Initiatives/MOOSE/moose.pdf statement.org/Initiatives/MOOSE/moose.pdf
STROBE	Observational studies in epidemiology	http://www.strobe-statement.org
MOOSE	Meta-analyses of observational studies in epidemiology	http://www.consort- statement.org/Initiatives/MOOSE/moose.pdf

Statistics

Whenever possible quantify findings and present them with appropriate indicators of measurement error or uncertainty (such as confidence intervals). Authors should report losses to observation (such as dropouts from a clinical trial). When data are summarized in the Results section, specify the statistical methods used to analyze them. Avoid non-technical uses of technical terms in statistics, such as 'random' (which implies a randomizing device), 'normal', 'significant', 'correlations', and 'sample'. Define statistical terms, abbreviations, and most symbols. Specify the computer software used. Use upper italics (e.g., P=0.048). For all P values include the exact value and not less than 0.05 or 0.001. Mean differences in continuous variables, proportions in categorical variables and relative risks including odds ratios and hazard ratios should be accompanied by their confidence intervals.

Results

Present your results in a logical sequence in the text, tables, and illustrations, giving the main or most important findings first. Do not repeat in the text all the data in the tables or illustrations; emphasize or summarize only important observations. Extra- or supplementary materials and technical detail can be placed in an appendix where it will be accessible but will not interrupt the flow of the text; alternatively, it can be published only in the electronic version of the journal.

When data are summarized in the Results section, give numeric results not only as derivatives (e.g., percentages) but also as the absolute numbers from which the derivatives were calculated, and specify the statistical methods used to analyze them. Restrict tables and figures to those needed to explain the argument of the paper and to assess its support. Use graphs as an alternative to tables with many entries; do not duplicate data in graphs and tables. Where scientifically appropriate, analyses of the data by variables such as age and sex should be included.

Discussion

Include summary of *Key findings* (primary outcome measures, secondary outcome measures, results as they relate to a prior hypothesis); *Strengths and limitations* of the study (study question, study design, data collection, analysis and interpretation); *Interpretation and implications* in the context of the totality of evidence (is there a systematic review to refer to, if not, could one be reasonably done here and now?, what this study adds to the available evidence, effects on patient care and health policy, possible mechanisms); *Controversies* raised by this study; and *Future research directions* (for this particular research collaboration, underlying mechanisms, clinical research).

Do not repeat in detail data or other material given in the Introduction or the Results section. In particular, contributors should avoid making statements on economic benefits and costs unless their manuscript includes economic data and analyses. Avoid claiming priority and alluding to work that has not been completed. New hypotheses may be stated if needed, however they should be clearly labeled as such. About 30 references can be included.

Study protocol

Publishing study protocols will help to improve the standard of medical research. Study protocol articles can be for proposed or ongoing trials that have not completed patient recruitment at the time of submission. Please confirm the status of your study at submission. Protocols should provide a detailed account of the hypothesis, rationale, and methodology of

the study. Protocols of randomized controlled trials should follow the CONSORT guidelines and must have a trial registration number included as the last line of the abstract.

The length of the article is about 4000 words. The study protocol should have a structured abstract including: Background, Methods/Design, Discussion, and Trial Registration (if the submitted manuscript is a clinical trial).

Meta analysis

Only results of meta analysis are reported in this kind of article. The length of the article is about 5000 words (not including tables, figures, and references).

The meta analysis should have the following headings: Keywords, Abstract, Introduction, Methods, Results, Discussion, Reference, Tables, and Legends in that order.

Clinical Guidelines

Official recommendations from professional organizations on issues related to clinical practice and health care delivery. *CMJ* is flexible with length, reference, and other format requirements given the variability in the format of guidelines developed by different organizations. A concise table or concise graphic summarizing the recommendations and other key points is desirable. Guidelines that meet standards (http://www.equator-network.org/) will fare more favorably than those that do not.

Review Articles

It is expected that these articles would be written by individuals who have done substantial work on the subject or are considered experts in the field. The prescribed word count is about 5000 words excluding tables, references and abstract. The manuscript may have about 90 references. The manuscript should have a structured abstract (250 words) representing an accurate summary of the article. The section titles would depend upon the topic reviewed.

Authors submitting review article should include a section describing the methods used for locating, selecting, extracting, and synthesizing data. These abstracts of review articles should also be structured as follows: Objective, Data sources, Study selection, Results, and Conclusions.

Viewpoint

Personal views are welcome and the length should be about 1500 words (not including tables, figures, and references). Authors of this type of articles should sign their real names; no anonymous pieces are published.

Clinical Observations

Brief research. Typically 5 or fewer authors, although exceptions made at editors' discretion. The text is limited to no more than 1000 words, without abstract and key words, e 5 or fewer references, maximum of 1 table or figure. Declaration of patient consent must be stated if the article contains patient information.

Correspondence

Correspondence is letter to editors. They should preferably be related to articles previously published in the journal or views expressed in the journal or briefly report a case or research results. The text is limited to no more than 500 words, without abstract and key words, 5 or fewer references, maximum of one table or one figure. Declaration of patient consent must be stated if the article contains patient information.

Ideas and opinions

Essays representing opinions, presenting hypotheses, or considering controversial issues. The text is limited to no more than 1000 words, without abstract and key words, 10 or fewer references. Typically no tables or figures but occasional exception at the editors' discretion.

Comment

Most comments are commissioned, but spontaneous comments are welcome on a paper or other report or event within the past month or so, or in the near future. The text is limited to no more than 700 words, without abstract and key words, 5 or fewer references..

REFERENCES

Authors are responsible for the accuracy and completeness of their references and for correct citation of the text. References should be numbered consecutively in the order in which they are first mentioned in the text (not in alphabetic order). Identify references in text, tables, and legends by Arabic numerals in superscript after the punctuation marks. References cited only in tables or figure legends should be numbered in accordance with the sequence established by the first identification in the text of the particular table or figure. Use the style of the examples below, which are based on the Vancouver formats. The titles of journals should be abbreviated according to the style used in Index Medicus. Use complete name of the journal for non-indexed journals. Avoid using abstracts as references. Information from manuscripts submitted but not accepted should be cited in the text as "unpublished observations" with written permission from the source. Avoid citing a "personal communication" unless it provides essential information not available from a public source, in which case the name of the person and date of communication should be cited in parentheses in the text.

The commonly cited types of references are shown here, for other types of references such as newspaper items please refer to ICMJE Recommendation Number references in the order they appear in the text; do not alphabetize. In text, tables, and legends, identify references with superscript Arabic numerals. When listing references, abbreviate titles of journals according to Medline. Note: List authors and/or editors up to 6; if more than 6, list the first 6 authors followed by *et al*.

Note: from January 2016, the available Digital Object Identifier (DOI) should be added at the end of every reference.

Examples of journal citations

- Meng FG, Jia FM, Ren XH, Ge Y, Wang KL, Ma YS, et al. Vagus Nerve Stimulation for Pediatric and Adult Patients with Pharmaco-resistant Epilepsy. Chin Med J 2015;128:2599-604. doi: 10.4103/0366-6999.166023.
- Wang YS, Miao LY, Liu L, Cai HR, Ding JJ, Ren SX, et al. Serum cytokine levels in patients with advanced non-small cell lung cancer: Correlation with clinical outcome of erlotinib treatment. Chin Med J 2013; 126: 3931-5. doi: 10.3760/cma.j.issn.0366-6999.20130578
- 3. Chen C, Hao S, Cheng T. Heterogeneity of hematopoietic stem cell (in Chinese). Natl Med J China 2015;36:878-82. doi: 10.3760/cma.j.issn.0253-2727.2015.10.018.
- Brown MS, Goldstein JL. Cholesterol feedback: From Schoenheimer's bottle to Scap's MELADL.J Lipid Res 2009;50 Suppl:S15-27. doi: 10.1194/jlr.R800054-JLR200.
- Fraser GL, Devlin JW, Worby CP, Alhazzani W, Barr J, Dasta JF, et al.
 Benzodiazepine versus nonbenzodiazepine- based sedation for mechanically
 ventilated, critically ill adults: A systematic review and meta-analysis of randomized
 trials. Crit Care Med 2013;41(9 Suppl 1):S30-8.
 doi:10.1097/CCM.0b013e3182a16898.
- Ozben T, Nacitarhan S, Tuncer N. Plasma and urine sialic acid in non-insulin dependent diabetes mellitus. Ann Clin Biochem 1995; 32 (Pt 3): 303-6. doi: 10.1177/000456329503200307.
- Joffe A, Anton N, Lequier L, Vandermeer B, Tjosvold L, Larsen B, et al. Nutritional support for critically ill children. Cochrane Database Syst Rev 2009;2:CD005144. doi: 10.1002/14651858.CD005144.pub2.

Example of a book citation

 Weinstein L, Swartz MN. Pathogenic properties of invading microorganisms. In: Sodeman WA Jr., Sodeman WA, eds. Pathologic physiology: mechanisms of disease. Philadelphia: Saunders; 1974: 457-472. Anderson SC, Poulsen KB. Anderson's electronic atlas of hematology. Philadelphia: Lippincott Williams & Wilkins, 2002.

Example of Electronic Sources citation

Cumulative number of reported cases of severe acute respiratory syndrome (SARS).
 Geneva: World Health Organization, 2003. Available from: http://www.who.int/csr/sarscountry/2003_04_04/en/. [Last accessed on 2003 April 9].

TABLES

- Tables should be self-explanatory and should not duplicate textual material.
- Number tables, in Arabic numerals, consecutively in the order of their first citation in the text and supply a brief title for each.
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The revised version of the manuscript should be submitted online in a manner similar to that used for submission of the manuscript for the first time. When submitting a revised manuscript, contributors are requested to include, the "referees" remarks along with point to point clarification at the beginning in the revised file itself. In addition, they are expected to mark the changes as underlined or colored text in the article.

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Authors outside China: USD 200 per print page including the cost of all figures (the number of pages is calculated based on the final PDF version).

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- Source of funding mentioned;
- Conflicts of interest disclosed.

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- Last name and given name provided along with Middle name initials (where applicable);
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 State the purpose of the article and summarize the rationale for the study or observation. Give only strictly pertinent references;
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Language and grammar

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 out;
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Tables and figures

- No repetition of data in tables and graphs and in text;
- Actual numbers from which graphs drawn, provided;
- Figures necessary and of good quality (color);
- Table and figure numbers in Arabic letters (not Roman);
- Figure legends provided (not more than 40 words);
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- Credit note for borrowed figures/tables provided;
- Write the full term for each abbreviation used in the table as a footnote.

Additional resources

- ICMJE: http://www.icmje.org.
- Equator Network: Enhancing the Quality and Transparency of Health Research: http://www.equator-network.org/.
- **COPE:** http://publicationethics.org/.